

Welcome To The Knight Spot September 2019

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2 No School Labor Day	3 Hearty Chicken Stew with a Biscuit Chili Con Carne Mashed Potatoes Fish Sandwich Melt Seasoned Green Beans	4 Cheesy Baked Penne with Garlic Breadstick Chicken Noodle Soup BBQ Pork Sandwich Roasted Red Potatoes Steamed Carrots	5 Taco Casserole Chicken Chipotle Chili Chili Cheese Dog French Fries Charro Black Beans	6 Made to Order Asian Noodle Bowl Vegetable Chili Tater Bites Breaded Fish Filet Sandwich Seasoned Corn
9 Made to order Stir Fry Tikka Masala Soup Brown Rice Cheese Steak with Peppers and Onion French Fries	10 Chicken Parmesan Rotini Pasta Chili Con Carne BBQ Burger Tater Tots Seasoned Green Beans	11 Chili Stuffed Baked Potato Chicken and Rice Soup Corn Muffin Meatball Sub French Fries Orange Glaze Carrot	12 Chicken and Penne with Rose Alfredo Breadstick Chipotle Chili Potato Wedges Spicy Black Bean Burger with Cheese Seasoned Broccoli	13 Made to Order Asian Pasta Bowl Chana Masala Soup Meatloaf Sandwich Mashed Potatoes Stir Fry Vegetables
16 Baked Lasagna with a Breadstick Vegetable Chili French Fries Chili Cheese Dog Corn with Margarine	17 Made to Order Asian Noodle Bowl Chicken Noodle Soup Farmhouse Chicken Sandwich Roasted Red Potatoes	18 Ravioli in Marinara Sauce with garlic bread Chipotle Chili Garlic Jalapeno Burger Tater Tots Green Beans	19 Popcorn Chicken Chipotle Cheese Cup Chicken Tagine Soup Cajun Burger Potato Wedges Campfire Beans	20 BBQ Chicken Mac and Cheese with a Bread Stick Tomato Soup Chipotle Chicken Burger Tater Bites Green Peas
23 Southwest Meatloaf with Gravy Cajun Chili BBQ Pork Sandwich Garlic Mashed Potatoes Steamed Broccoli	24 Made to Order Stir Fry with an Egg Roll Chicken Noodle Soup Chipotle Burger Roasted Red Potato Roasted Carrots	25 Sweet and Spicy Mac Vegetarian Chili Philly Cheesesteak Baked Beans Tater Tots Fresh Steamed Cauliflower	26 Cajun Meatballs Parsley Noodles Chicken Chili Potato Wedges Chicken Bacon melt on Ciabatta Fresh Roasted Zucchini	27 Chicken Pot Pie Chana Masala Soup Parmesan Mashed Potatoes Custom Built Burgers Seasoned Peas
30 Spicy Popcorn Chicken Bowl with Garlic Toast Tomato Soup Triple Grilled Cheese Sweet Potato Tots Campfire Beans				
Join us for Lunch We also offer Burgers, Fish Sandwich and Grilled Cheese daily Daily Offerings Variety of fresh fruit and vegetables. Milk: Chocolate Flavored, Skim, and 1%				

